



NOTICE OF PRIVACY PRACTICES

This notice describes the privacy practices of our organization including:

- All departments or clinics within the organization.
- All members of our workforce including volunteers, contractors and agents; and any health care professional authorized to enter information into the confidential health information records.
- All of these entities, sites and locations are required follow the terms of this notice. In addition, these entities, sites and locations may share Protected Health Information with each other for treatment, payment and health care operations purposes described in this notice.

This notice describes the ways in which we may use and disclose Protected Health Information about you:

- It describes your rights and certain obligations we have regarding the use and disclosure of your personal Protected Health Information. Your personal Protected Health Information is called "Protected health Information" in the remainder of this notice.
- We are committed to protecting your Protected Health Information. We will create an electronic record of the care and services you receive at our clinics. These records are necessary to provide you with quality care and to comply with legal requirements.
- Our Notice of Privacy Practices applies to all records of your care created at our clinics, whether made by our personnel or other medical professionals. Other medical professionals not associated with our organization may have different policies or notices regarding their use and disclosure of your Protected Health Information. You should consult their notice of privacy practices for information about how other professionals not associated with our organization may use and disclose your records.

We are required by law to:

- Ensure that Protected Health Information that identifies you is kept confidential and private.
- Provide you with a notice of our legal duties and privacy practices with respect to your Protected Health Information.
- Follow the terms of the notice that is currently in effect.

How We May Use and Disclose Your Protected Health Information Treatment:

Treatment:

The provision of health care by, or the coordination of health care, including health care management of the individual through risk assessment, case management, and disease management, among, health



care providers; the referral of a client from one provider to another; or the coordination of health care or other services among health care providers and third parties authorized by the health plan or the individual. We may use Protected Health Information to provide you with medical treatment or services.

We may disclose Protected Health Information about you to doctors, nurses, technicians, medical students, or other personnel who are involved in taking care of you at our clinics. We also may disclose Protected Health Information about you to people outside of our organization that may be involved in your dental care after you leave, such as family members that may provide services that are part of your care.

Payment:

Payment means, the activities undertaken to obtain premiums or to determine or fulfill its responsibility for coverage and provision of benefits under the health plan; or a covered health care provider or health plan to obtain or provide reimbursement for the provision of health care.

We may use and disclose Protected Health Information about you so that the treatment and services you receive at our clinics may be billed and payment collected from you, an insurance company or a third party. We may need to give your health plan information about treatment you received so your health plan will pay us or reimburse you for the treatment. We may also tell your health plan about a treatment you are going to receive to obtain prior approval or to determine whether your plan will cover the treatment.

Health Care Operations:

We may use and disclose Protected Health Information about you for healthcare operations. These uses and disclosures are necessary to run our practice and make sure that all of our clients receive quality care. For example, we may use Protected Health Information to review our treatment and services and to evaluate the performance of our staff in caring for you. We may also combine Protected Health Information about many clients to decide what additional services we should offer, what services are not needed, and whether certain new treatments are effective. We may also disclose information to doctors, nurses, technicians, medical students, and other personnel for review and learning purposes. We may also combine the Protected Health Information we have with Protected Health Information from other health care provider organizations to compare how we are doing and see where we can make improvements in the care and services we offer. We may remove information that identifies you from this set of Protected Health Information so others may use it to study health care and health care delivery without learning who the specific clients are.

Appointment Reminders:

We may use and disclose Protected Health Information to contact you as a reminder that you have an appointment for treatment or dental services.

Treatment Alternatives:

We may use and disclose Protected Health Information to tell you about or recommend possible treatment options or alternatives that may be of interest to you.

Health-Related Benefits and Services:

We may use and disclose Protected Health Information to tell you about health-related benefits or services that may be of interest to you.



Individuals Involved in Your Care or Payment for Your Care:

We may release Protected Health Information about you to a friend or family member who is involved in your dental care. We may also give information to someone who helps pay for your care. We may also tell your family or friends the condition that you are in. In addition, we may disclose Protected Health Information about you to an entity assisting in a disaster relief effort so that your family can be notified about your condition, status and location.

Research:

Under certain circumstances, we may use and disclose Protected Health Information about you for research purposes. All research projects, however, are subject to a special approval process. This process evaluates a proposed research project and its use of Protected Health Information, trying to balance the research needs with clients' need for privacy of their Protected Health Information. Before we use or disclose Protected Health Information for research, the project will have been approved through this research approval process, but we may, however, disclose Protected Health Information about you to people preparing to conduct a research project, for example, to help them look for clients with specific medical needs, so long as the Protected Health Information they review does not leave our practice. We will almost always ask for your specific permission if the researcher will have access to your name, address or other information that reveals who you are, or will be involved in your care.

As Required By Law:

We will disclose Protected Health Information about you when required by federal, state or local law.

To Avert a Serious Threat to Health or Safety:

We may consistent with applicable law and standards of ethical conduct, use and disclose Protected Health Information about you when necessary to prevent or lessen a serious and imminent threat to your health and safety or the health and safety of the public or another person. Any disclosure, however, would only be to someone able to help prevent the threat.

Public Health Activities:

We may disclose Protected Health Information about you for public health activities. These activities generally include the following:

- To prevent or control disease, injury or disability
- To report births and deaths
- To report child abuse or neglect
- To report reactions to medications or problems with products
- To notify people of recalls of products they may be using
- To notify a person who may have been exposed to a disease or may be at risk for contracting or spreading a disease or condition
- To notify the appropriate government authority if we believe a client has been the victim of abuse, neglect or domestic violence. We will only make this disclosure if you agree or when required or authorized by law.

Health Oversight Activities:

We may disclose Protected Health Information to a health oversight agency for activities authorized by law. These oversight activities include, for example, audits, investigations, inspections, and



licensure. These activities are necessary for the government to monitor the health care system, government programs, and compliance with civil rights laws.

Lawsuits and Disputes:

If you are involved in a lawsuit or a dispute, we may disclose Protected Health Information about you in response to a court or administrative order. We may also disclose Protected Health Information about you in response to a subpoena, discovery request, or other lawful process by someone else involved in the dispute, but only if efforts have been made to tell you about the request or to obtain an order protecting the information requested.

Law Enforcement:

We may release Protected Health Information if asked to do so by law enforcement officials:

- In response to a court order, subpoena, court ordered warrant, summons issued by a judicial officer or similar process
- To identify or locate a suspect, fugitive, material witness, or missing person
- About the victim of a crime if, under certain limited circumstances, we are unable to obtain the person's agreement • About a death we believe may be the result of criminal conduct
- In good faith, evidence of criminal conduct at our location
- In emergency circumstances to report a crime; the location of the crime or victims; or the identity, description or location of the person who committed the crime.

Coroners, Medical Examiners and Funeral Directors:

We may release Protected Health Information to a coroner or medical examiner. This may be necessary, for example, to identify a deceased person or determine the cause of death. We may also release Protected Health Information about clients to funeral directors as necessary to carry out their duties.

National Security and Intelligence Activities:

We may release Protected Health Information about you to authorized federal officials for intelligence, counterintelligence, and other national security activities authorized by law.

Protective Services for the President and Others:

We may disclose Protected Health Information about you to authorized federal officials so they may provide protection to the President, other authorized persons, or to foreign heads of state or to conduct special investigations.

Inmates:

If you are an inmate of a correctional institution or under the custody of a law enforcement official, we may release Protected Health Information about you to the correctional institution or law enforcement official. This release would be necessary for the institution to provide you with health care; to protect your health and safety or the health and safety of others; or for the safety and security of the correctional institution.



You have the following rights regarding Protected Health Information we maintain about you:

Right to Inspect and Copy:

You have the right to inspect and copy Protected Health Information that may be used to make decisions about your care. Usually, this includes dental and billing records, but does not include psychotherapy notes, information compiled in reasonable anticipation of or use in a civil, criminal or administrative action or proceeding, or Protected Health Information that is subject to or exempt from the Clinical Laboratories Act of 1988.

- If you request a copy of the information, we may charge a fee for the costs of copying (including labor), mailing or other supplies associated with your request.
- We may deny your request to inspect and copy in certain very limited circumstances.
- If you are denied access to Protected Health Information, you may request that the denial be reviewed. Another licensed health care professional chosen by our practice will review your request and the denial. The person conducting the review will not be the person who denied your request. We will comply with the outcome of the review.

Right to Amend:

If you feel that Protected Health Information we have about you is incorrect or incomplete, you may ask us to amend the information. You must provide a reason that supports your request. You have the right to request an amendment for as long as the information is maintained in the designated record set.

We may deny your request for an amendment if it is not in writing or does not include a reason to support the request. We may deny your request if you ask us to amend information that:

- Was not created by us, unless the person or entity that created the information is no longer available to make the amendment
- Is not part of the Protected Health Information kept by or for our practice
- Is not part of the information which you would be permitted to inspect and copy
- Is accurate and complete.

Right to an Accounting of Disclosures:

You have the right to request an "accounting of disclosures." This is a list of the disclosures we made of Protected Health Information about you that was not made for treatment, payment and health care operations, there are certain exceptions to this right.

- Your request must state a time period, which may not be longer than six years and may not include dates before April 14, 2003.
- Your request should indicate in what form you want the list (for example, on paper, electronically). The first list you request within a 12-month period will be free. For additional lists, we may charge you for the costs of providing the list.
- We will notify you of the cost involved and you may choose to withdraw or modify your request at that time before any costs are incurred.



- The accounting must be provided to you no later than 60 days after the receipt of your request, unless we utilize the 30-day extension period.

Right to Request Restrictions

You have the right to request a restriction or limitation on the Protected Health Information we use or disclose about you for treatment, payment or health care operations. You also have the right to request a limit on the Protected Health Information we disclose about you to someone who is involved in your care or the payment for your care, like a family member or friend. For example, you could ask that we not use or disclose information about a surgery you had.

We are not required to agree to your request. If we do agree, we will comply with your request unless the information is needed to provide you emergency treatment.

In your request, you must provide:

1. What information you want to limit
2. Whether you want to limit our use, disclosure or both
3. To whom you want the limits to apply. For example, disclosures to your spouse.
4. Either party may terminate the restriction upon notification of the other.

Right to Request Confidential Communications:

You have the right to request that we communicate with you about medical matters in a certain way or at a certain location. For example, you can ask that we only contact you at work or by mail. We will not ask you the reason for your request. We will accommodate all reasonable requests. Your request must specify how or where you wish to be contacted.

Right to a Paper Copy of This Notice:

You have the right to a paper copy of this notice. You may ask us to give you a copy of this notice at any time. Even if you have agreed to receive this notice electronically, you are still entitled to a paper copy of this notice.

Changes to this Notice

We must change this Notice as necessary and appropriate to comply with changes in the law. We reserve the right to change this notice. We reserve the right to make the revised or changed Notice effective for Protected Health Information we already have about you as well as any information we receive in the future. We will post a copy of the current notice at our clinic locations. The notice will contain on the first page, in the top bottomhand corner, the effective date. In addition, each time you register for treatment or health care services; we will offer you a copy of the current notice in effect.

Complaints

If you believe your privacy rights have been violated, you may file a complaint with our organization or with the Secretary of the Department of Health and Human Services. All complaints must be submitted in writing.

You will not be penalized for filing a complaint.



Other Uses of protected Health Information

Other uses and disclosures of Protected Health Information not covered by this notice or the laws that apply to us will be made only with your written permission.

- If you provide us permission to use or disclose Protected Health Information about you, you may revoke that permission, in writing, at any time.
- If you revoke your permission, we will no longer use or disclose Protected Health Information about you for the reasons covered by your written authorization.

Please understand that we are unable to take back any disclosures we have already made with your permission, and that we are required to retain our records of the care that we provided to you. For example:

- To inspect and copy Protected Health Information
- To request restrictions or limitations on your Protected Health Information
- To request an accounting of disclosures
- To submit a complaint that your privacy rights have been violated
- To amend Protected Health Information

My Community Dental Centers is dedicated to protecting your privacy and maintaining confidentiality. If you have any questions about this notice or our Privacy Practices; that may be used to make decisions about you, you must submit your request in writing to the Chief Dental Officer. Please feel free to contact our office at **231. 547.7638** if you have any questions related to this policy.